



activekidsgroup
early learning centres

e-Learning resources



Welcome to our weekly edition of e-Learning! Active Kids Group aims to inspire children with a life long passion for learning. It is our ambition to continue to deliver on this through an e-book providing Parents with educational activities, routines, recipes and more!

During the upcoming weeks, Active Kids Group will be working with Educators, Parents and our Learn and Grow team to provide families with educational resources that can be easily implemented at home to encourage a continuity of learning and fun!

Our educators collaborate to develop a curriculum which reflects the needs, interests, strengths and knowledge of all children, and we would like to extend this to all our families who are spending more time at home.

Active Kids Group prides itself on being flexible, innovative and always willing to assist. We hope you find this resource useful and engaging for your little learners, and encourage families to share ideas they might want included for other families as well.

This week...

Activities

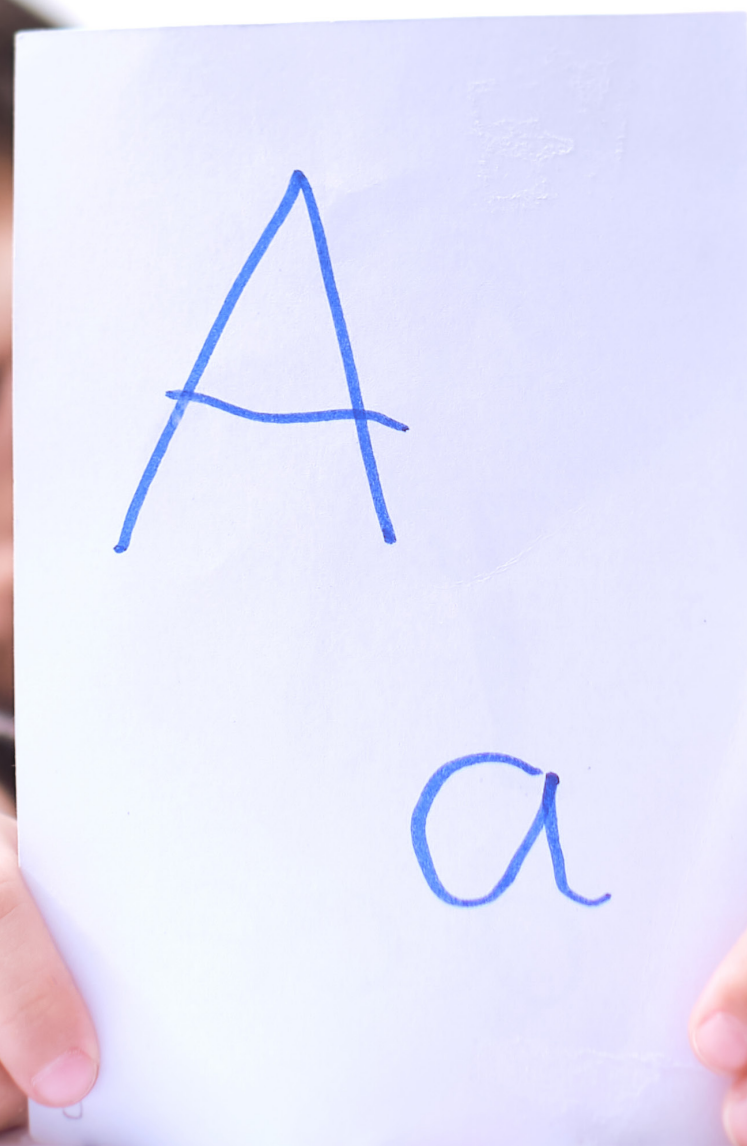
- Tiger Puzzle
- Cardboard Cars
- Dot balloons
- 2 Ingredient Putty
- Dandelion Wish Board
- Nature Weaving
- Dandelion Luminary

Snack Hacks

- Vitamin C and Iron absorption

Recipes

- The Feeding Long Game
- Lunchbox Ideas



Homemade Tiger Puzzle

Enjoy making and solving a Tiger puzzle with your little one!

What you will need:

- Cardboard
- Scissors to cut them into different shapes
- Child friendly paint

Method:

- Paint your tiger on the cardboard
- Cut out the different sizes of triangle tiger marks for your puzzle pieces
- Let your little learner match the shapes to solve the puzzle!

Easy, fun and a great way to practice problem solving skills.

[Read more here](#)



Cardboards Cars

An easy activity for open ended fun.
Match the wheels to the cars (or make a train instead!)

What you will need:

- 1) Cardboard
- 2) Paint or crayons
- 3) Scissors
- 4) Glue

[link for more.](#)



Learning Outcomes:

Encourages creativity, imagination; provides opportunity to identify colours, shapes and use of fine motor skills.



Dot balloons

Dot stickers are such a great way to get toddlers interested in early numeracy activities whilst also working their fine motor skills.

Add the correct colour and number of dot stickers to each bunch of balloons.

'Constantly referring to the numbers written on the balloon cards was a great way to expose my toddler to numeracy vocabulary. It's all about the hands on learning at this age!'

-Lucy @findthelittlemind

[Link for more](#)

2 Ingredient Silly Putty

What you'll need:

1. 2 (or 3) tablespoons of dish soap
2. 3 tablespoons of cornstarch
3. Glitter (lots of glitter!)

- little learners can measure out ingredients
- mix together with spoon
- blend with hands thoroughly
- enjoy!

Age: 18 months+

Mess Level: medium

DIFFICULTY TO CREATE: easy!

[Link for more](#)

Dandelion Wish Activity Board

Meet Misses Wishes Give her a pretty dandelion hair do and she helps make your wishes come true
You can make one big wish or a little wish for each dandelion you weave in the board.

What you will need:

- Cardboard
- Marker
- Dandelions
- Sharp pencil to poke holes of the dandelions

Method:

- Create your wishing board by drawing a simple face
- Make holes and thread your dandelions through (Threading the dandelion stems through the holes is great fine motor work!)

[Link for more](#)

Nature Weaving

It's so incredibly simple to make and fun to create! You might even join the kids to make a few for the special people in your life.

What you will need:

- Cardboard
- Flowers- I find the small flower bouquet fillers dry nicely. We got our flowers from Trader Joes
- Rubber Bands
- Scissors
- You Belong Here (optional- You can easily turn this craft into a book activity with this adorable story)

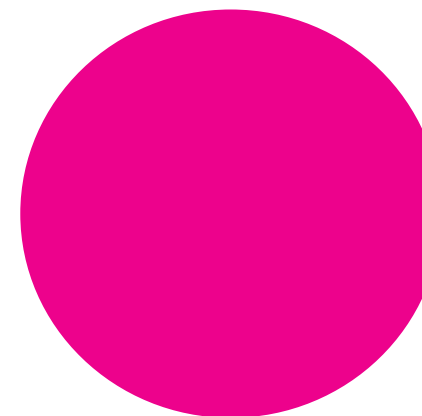
Method [here](#)

Length of activity:
Open ended

[Link for more](#)

Learning Outcomes:

- Fine Motor Skills
- Gross motor skills
- Co-ordination
- Physical skill development
- Language and communication
- Problem solving
- Teamwork
- Enquiry and experimentation
- Research and Investigating





Dandelion Luminary

The perfect outdoor activity for kids to get outside!

Supplies:

Jar– This isn't the exact jar I own, but it looks very similar! Try using a plastic jar if you are worried about the jar breaking. You can also buy just the handle attachment if you already have mason jars.

Flameless Candle

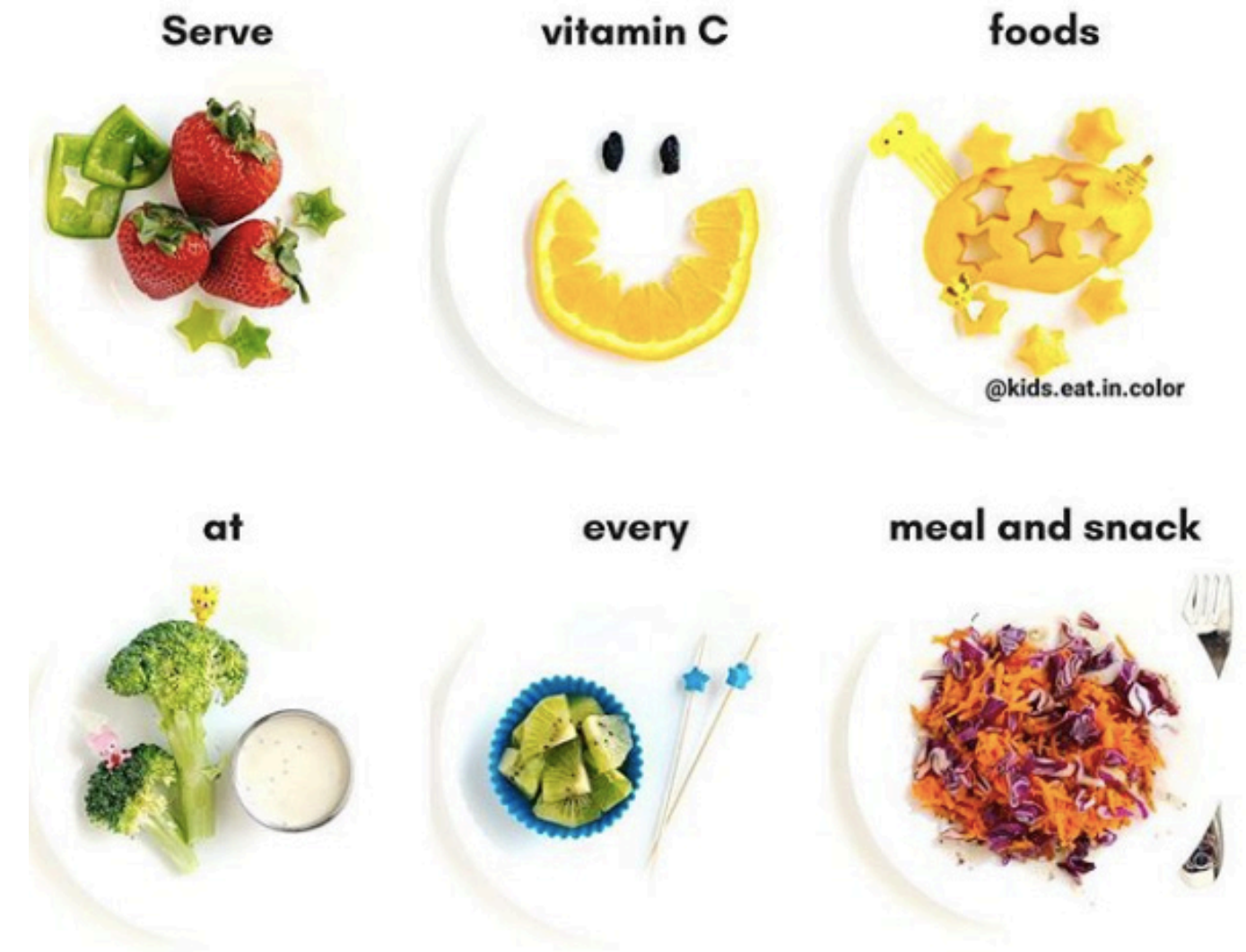
Scissors

Dandelion Puffs

Method [here](#)

These would make a whimsical addition to any fairy garden or try lining your yard with them!

PREVENT VITAMIN C DEFICIENCY and help iron absorption



Snack Hacks

A fruit or vegetable with every meal and snack. That's the bottom line and why fruits and veggies are so important. If kids aren't eating the veggies, they may not be getting enough vitamin C, which can affect a lot of things, including how much iron they are absorbing. -[@kids.eat.in.color](#)

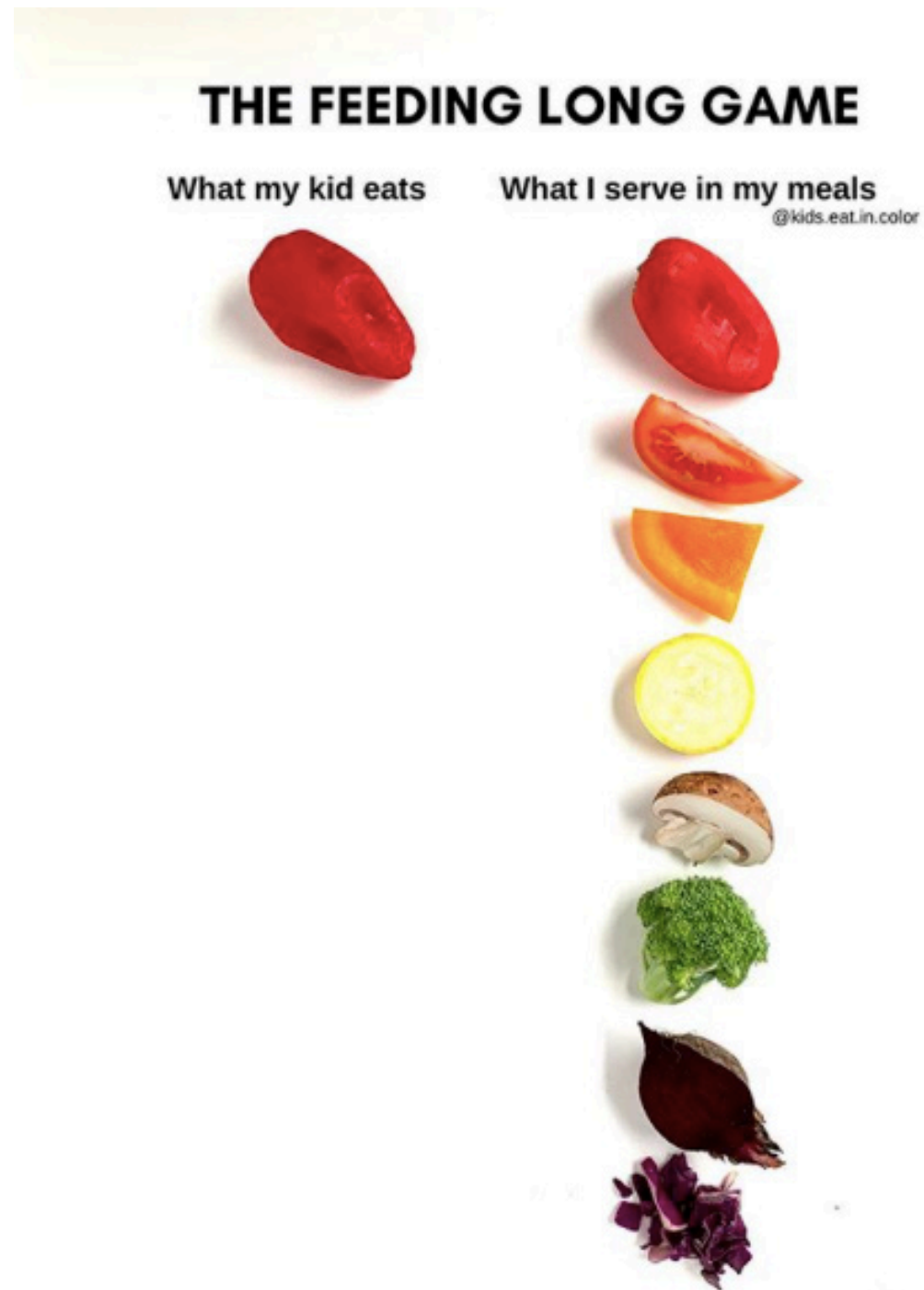
[Link for more](#)

Rest & Sleep

To note; sleep and rest times are an important part of a daily routine for children. Children are encouraged to rest from 12:00pm to 2:00pm while in care. Some younger children will need to sleep, while others will participate in quiet activities.

The Feeding Long Game

'Feeding is a long game and serving all the foods will help them learn to eat a variety of foods...' [Link for more details here.](#)



Lunchbox Ideas

Need some inspo to mix up your little ones lunchbox?
[@goodiegoodielunchbox](#) has the goods!

This week's lunchbox idea: Pizza Scrolls

Ingredients

For the dough

- 1 cup of warm water
- 2 1/4 tsp instant dried yeast
- 1 tsp honey
- 1 tbsp olive oil plus extra for the bowl
- 1 1/2 cups wholemeal flour
- 1 cup plain flour plus extra for dusting
- 1 tsp salt

For the topping

- 4 tbsp tomato paste or pizza sauce
- 2 cups mozzarella or tasty cheese
- 1 cup vegetables around 150g (I used capsicum, mushrooms and zucchini)
- 1/2 cup diced pineapple with any juice squeezed out
- dried oregano
- pepper (optional)

[Instructions here](#)



